March 2013

Quiz Nights

We are now commencing our sixteenth year of quiz nights in the Memorial Hall and I thought the time was right to thank everyone for their support over the years. The quizzes were started originally by Pat and Frank Hillman but unfortunately my dear friend Frank passed away after just one guiz night. Pat continued with my help and that of May Smitherman and Hazel Stockbridge. The original quiz nights shared the profits with the various organisations who used the hall but that changed a few years ago as the hall needed all the money it could get for its upkeep. The team has changed over the years, May and Hazel gave up for personal reasons and Lesley Munday joined me on the marking team. Pat has moved away from the village to live closer to her family and frankly the quiz nights have not been the same since she left but I do my best – she is a hard act to follow. When Pat moved away John Pink joined the team.

Our evenings are fun filled, mostly at my expense (especially Margaret's music) and we still raise hundreds of pounds each year for the upkeep of the little hall. Once a year in April we hold the Quizathon in the Village Hall. This is our opportunity to help the big hall with its re-building project. We are able to fit many more tables into the hall and therefore there is an opportunity for others to join the fun. The evening is on Friday 26th April, doors open at 7pm for a 7.30 start. The good news is that as usual there will be two Margaret's music rounds!! If you are interested in joining us please give me a ring on 244203 or have a word with either John or Lesley.

A note for our regulars, please remember that the March guiz night is a week earlier than usual as the last Friday is Good Friday. Look forward to seeing you on Friday 22 March.

Once again thank you to everyone for their support.

Margaret Church

Theatre Trips

For some time now I have been running trips to London mostly, to see current musicals. We have just seen The Bodyguard and in May will be going to see Matilda. John Pink helps me summon the troops and together we organise a really nice evening out for people who might not go to the theatre on their own. We now have many regulars on the coach who look forward to the next trip and who let me know in no uncertain terms what they would like to see next. I get group rate for the theatre tickets, usually half price, and the cost of the coach is split between how many are travelling. I do not make any profit from this. I just enjoy organising the trips. If you would like to be on our contact list, no commitment, just let me know on 244203.

Margaret Church

High Halstow Relief in Need Charity

This charity exists to assist those in the Village who are in need, especially widows and widowers. The trustees wish to remind the people of the parish that they will give consideration to any request for a particular need, at any time during the year. All requests are dealt with in complete confidence and there is no need to wait for the October form

The trustees are:

Mrs C. Peek

Rev. S. Gwilt - The Rectory

Mrs L. Munday - 22 Willowbank Drive Mr S. Bailey - 27 Cooling Road Mrs J. Gillies - 22 Leaman Close Mr J. Mvatt - Decov Hill Road Mr B. Prichard - 9 Drayton Close - 2 Willowbank Drive

Village Hall Refurbishment - Phase Two

As reported last month the tender document is out with replies due back at the end of March.

For this stage we are looking for the front of the hall to have a major overhaul and depending on costs we are looking for the following works to be carried out.

Remember you can see the plans at http://highhalstow.org.uk/halls/village-hall-plans

We will announce nearer the time the restrictions on the car parking which we are afraid are necessary for Health and Safety reasons so please watch this space.

Booking The Hall

The Hall Committee is looking to increase the usage of the Hall in particular during the daytime. If you are interested in hiring the hall please contact Crystal on 251849.

Table Top Sale

The Hall Committee would like to pass its thanks to Bel Shearman and friends who organised the Table Top Sale in the Village Hall which raised £190 for the Hall. It was good to see so many new faces in the Hall – roll on the next one in July.

Events for the Year

The Hall Committee is busy considering the events for the coming year. All suggestions will be considered. However, we are awaiting the results of the tender exercise before formally announcing the next event, as the timing of the works will need to be taken into consideration. Please watch this space.

Youth Club - 20 Years Old in April

Were you an early member of the Youth Club? Have you any fond memories of your time attending on a Tuesday Night? If so why not share your story as the Youth Club celebrates its 20th Year. Send your stories through to the editor.

Speed Limits

Please can I remind people to observe the speed limits through the Village. We should all be mindful that High Halstow is a nice place to live where children, older residents and walkers should feel safe. Some may not be as aware of the traffic as they might otherwise be. Please be careful.

George Crozer, HH Parish Council

High Halstow Village Market



Saturday 2nd March

High Halstow Village Hall

9:30am - 11:30am

Fresh Fruit and Veg, Bread, Cakes,
Pet Food/Treats,
Sweets, Jams and Honey,
Hand-made Cards, Jewellery,
Gifts and Refreshments.

More information available @ www.highhalstow.org.uk

Project 90

Project 90 started back in June 2003 so will be celebrating its 10th Anniversary this year. As you now all know the initial idea was to clear the three main dumping sites on the extremities of our Village

For the February Project 90 we saw a tree made safe, litter picked, some play park maintenance carried out and hall wall repainted

If there are other projects you think the Parish Council could undertake with this scheme please let them know.

We meet the Saturday after the Parish Council and apologies for the confusion on the dates in last month's edition. The next Project 90 is Saturday 16th March starting in the Village Hall Car Park from 8.30. See you then.

Resume of the Parish Council Meeting 13 February 2013

All parish councillors were present at the February meeting, which was also attended by two members of the public.

The two bus shelters offered to the Parish Council by Medway Council have been accepted. One will replace the existing shelter at Eden Road and the other will be stored for the time being. They are both of the metal and glass variety similar to those given to the Parish Council a few years ago. There is a preference among some councillors for wooden shelters that are perhaps more in keeping with a rural setting but obviously the donation of shelters saves money.

The RSPB submitted a retrospective application for a donation towards expenses for the Countryside Fair and a grant of £300 was made. The RSPB will be holding this most successful event again this year. It is to be hoped that any grant application is made before the event takes place in future. We are all aware of how much rain we've had over the last few months. We've inspected the French drain installed a couple of years ago on the Recreation Ground. It's running freely and isn't blocked or broken.

Dog fouling of the streets and other public places is still an issue in the village, in spite of requests to dog walkers to clean it up. A resident has produced a stencil to remind people and this will be trialled in the most complained about streets. As the message will be painted on the pavements, the trial won't be able to start until the pavements are dry enough to apply the paint. In the meantime, please clean up after your dog. Don't forget to give your children bags if you get them to walk the family dog and do please show them how to pick it up safely. Finally, Cllr Martin Andrews attended a police liaison meeting. He raised the issue of parking by the shop with the PCSO and the situation will be monitored. The next meeting is on Wednesday 13 March 2013 at 8 pm in the Memorial Hall. Everyone is welcome.

Come and Meet Your Parish Councillors

One or two of your Parish Councillors will be at Kings Kitchen in the Memorial Hall on: Tuesday 12th March from 10.30 – 12.00pm and every 2nd Tuesday in the month.

Come and tell us your

problems or find out about projects we are undertaking. If we can't answer your questions there and then we will get back to you.

High Halstow Parish Council

Neighbourhood Police

I would like to take opportunity to introduce myself as part of the neighbourhood police team assigned to your wards. I assumed this post on 14th January 2013 when Medway Police went live with the introduction of the Medway Police Sector Model. The new model has assigned each ward with a Sergeant a number of dedicated Police Officers and PCSOs who are responsible for tackling local neighbourhood crime/ ASB activity. You will find your respective ward officers and all planned community engagements published on the Kent Police web site. If you have any concerns or issues raised by your constituents, please feel free to contact me or my Sector Sergeants on the following email addresses: BURGESS PS 11607, Michelle michelle.burgess@kent.pnn.police.uk > (Strood South/Cuxton and Halling)

DOWNS DS 8776, Alan alan.downs@kent.pnn.police.uk > (Peninsular)

EVANS A/PS 9172, David dave.evans@kent.pnn.police.uk > (Strood North)

HENSHAW DS 7674, Andrew andrew.henshaw@kent.pnn.police.uk > (Strood South/Cuxton and Halling)

PHILPOTT PS 9467, Rebecca becky.philpott@kent.pnn.police.uk > (Peninsular)

Also, Medway Police have created a bespoke West Sector e - mail account that is monitored on a daily basis with all communications being sent directly to the respective Sergeant or PCSO/Police Constable responsible for that particular ward.

You can find this e- mail address on the Kent Police Web site: nhp.medway.west@kent.pnn.police.uk > Telephone number - Ext. 01634 792332. Int. 042332

I look forward to working with you and meeting you all in the very near future.

Regards,

Inspector David Matson.

Need to Hire a Hall

If you are interested in hiring either of the halls in the village for a party, function or meeting please contact:

Memorial Hall - Angela Forward 251756 Village Hall - Crystal Wakefield 251849

Please do not call on a Sunday.

Photographic Competition

Following on from another successful Photographic Competition, and to encourage more entries pictures can now be sent to photos@highhalstow.org.uk

There are no restrictions this year with regards to previous winners, and the categories are remaining the same i.e. Flora & Fauna, People & Places, 18's & Under. If you are submitting pictures of children, please supply parents permission (although large public events do not require such permission).

If you a member of a group in High Halstow, why not send photos from an event you organised, i.e. Dramarama Summer Show, the Gardening Club, High Halstow Hikers etc. They would make great additions to the calendar produced at the end of the year, and you may win a prize for your efforts.

Full details of this years competition will follow in future editions, but as Bruce would say 'keep snapping' or is it 'dancing'??

HH Parish Council

10th March is

Why not come and join us for a special Mothering Sunday Service at

St. Margaret's Church

Find why we celebrate Mothering Sunday in Britain while in America they celebrate Mothers Day! Sunday 10h March at 9:30am.

With a special free gift for all mothers!

For more details contact Rev. Stephen Gwilt on 250637

The final night before his suffering, Jesus told his disciples what they could expect in His coming Kingdom - service, forgiveness, communion, humility, persecution, love and Glory.

The term Maundy comes from the Latin word mandatum, from which we get our English word mandate.

In the privacy of the upper room, Jesus entrusted His followers with a mandate:

"A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."

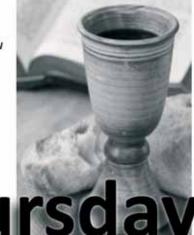
John 13:34-35

Join us on Maundy Thursday as we gather together for a bring and share supper and remember Jesus sacrifice for us in Holy Communion and words which teach us about citizenship in His Kingdom.

Maundy Thursday

28th MARCH 2013 at 7.30 - 9:30 p.m. At High Halstow Village Hall

Please bring your own food and drink
Please contact Richard/Lynn Yelton, 01634 270093 Allhallows
OR Liz Meredith, 01634 252939, High Halstow





"Son of Man did not come to be served, but to serve, and to give his life as a ransom for many" Matthew 20:28

24th March Palm Sunday

8:00am HH Holy Communion

9:30am HH & 11:00amAH. Morning prayer with a Palm Sunday theme and Palm Crosses.

6:30pm Evening Prayer



29th March An Hour at the Cross 2pm Allhallows Church

This is a special service of reflection with video, music and voice to direct us to aspects of the passion Story



31st March Easter day

8:00am Holy Communion

9:30 HH & 11:00AH Special Family Communion with video, stories,

children's activities and songs to celebrate the greatest story ever told. 6:30pm HH Easter Celebration An informal service with a range of music and video items to suit all tastes and ages

High Halstow Hikers

Several of the 18 intrepid walkers on our February route from Gravesend Prom to Shorne Mead Fort said they were looking forward to my report in the HH Times. They seemed to be wondering how a positive slant might be placed on a cold, increasingly wet, very mucky walk that started from the industrial hinterland of Gravesend and had to come back the same way because the intended return route from the fort along the seawall was impossibly deep in mud. One might add in the charms of the high speed trains along the route, the views across the bleak army firing range or avoiding the occasional tracker motorbikes. But I think it is best to focus on the excellent company who remained in good cheer, at least outwardly, despite the above, and pass quickly on to plans for the March walk.

Our March walk will be on SATURDAY 9th starting from the car park to the west of the village at 10.00. This is at the bottom of Taylor's Hill where it joins the A252. The most straightforward route from the Medway Towns is to take the M2 east and come off at junction 6 taking the A251 towards Ashford. After about 6 miles turn left onto the A252 following this for about 4 miles to Chilham where the car park is on the right. The walk will be c.6.25 miles long and takes in some of the North Downs Way and the Stour Valley Walk. It has some moderate hills. Good walking foot wear is a must as the ground is likely to still be wet. For further details please contact Mitchell at

mitch.dowsett@btopenworld.com or on 01634 254428.

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Keep Green Fingers Safe from Fire

Fire crews are urging the public to think carefully before lighting a bonfire to dispose of garden waste this Spring.

Head of Community Safety, Stuart Skilton, said: "It is important to position your bonfire well clear of buildings, garden sheds, fences and overhanging branches. Never use accelerants such as petrol or paraffin to get it going and always keep a bucket of water or hosepipe nearby.

"When putting out your bonfire, ensure it has been extinguished fully and don't leave it to burn out unattended. If your bonfire does get out of control, it is far safer to call the fire service then trying to tackle the blaze yourself.

"It's also worth remembering that there are more environmentally friendly ways of getting rid of garden waste without having a bonfire. Most garden waste, such as grass cuttings and leaves can be composted or taken to your local recycling centre."

Take care with bonfires:

- A bonfire should not contain any potentially hazardous materials which may explode or give off toxic fumes, such as; aerosols, batteries, bottles, foam-filled furniture or tins of paint.
- A bonfire should be kept to a manageable size and evenly built so that is collapses inwards as it burns.
- Always check the bonfire's construction is still sound prior to lighting it, that there are no children or animals inside, and that hazardous items such as aerosols and fireworks have not been thrown onto it.
- The bonfire should not be lit by children or left unattended and nothing should be cooked on it.

For further advice on how to keep you, your family or a neighbour safe from fire call Kent Fire and Rescue Service for free on 0800 923 7000 or go to www.3breaths.info for further information.

Friends of St Margaret's 'In The Rectory Garden'

Next event to be planned is for June 15th so keep your diaries clear. What is it I hear you say, details in next months High Halstow Times.

High Halstow Cricket Club - February 2013

As promised in the last edition of High Halstow Times, the following notes, covering the immediate post-World War II years, are drawn from a book of club records handed to me by John Durling, who played for the club during this period.

1945 saw the Club come into its own again with a permanent fixture list, instead of relying on chance fixtures. In 1946 and 1947 much work and improvement was done do the club and ground. The pitch was improved and the boundaries were extended, and for the first time ever the complete ground was cut to the level of the table (square).

In 1946, Bert Munday hit a century against Cobham. This was the first known century by a member of the Club. In 1948, Mr B.H. Valentine, the former Kent and England cricketer, came to live in the village. 1949 was a good year for the Club and for the first time a member, Arthur Corbett, took 100 wickets in a season. On 23rd September of that year, Mr Valentine invited the whole Kent XI down to the Club. The game was a great success and raised nearly £100 for the church restoration fund.

1950 again saw the Kent XI at the Club, also the Middlesex and England cricketer Denis Compton. The proceeds of the match went to Douglas Wright's Benefit. The season was a poor one for the Club, only winning 11 out of the 41 matches played. The year had begun on a sad noted when one of the Club's youngest and best liked players, Pilot 2 R. Hall was tragically killed when his Spitfire crashed into the jungle.

There the written word ends, but records drawn from the score books of the time cover the years to 1953. The team performance is summarised as follows:

Season	Played	Won	Drawn	Tied	Lost
1949	38	23	5	0	10
1950	41	11	7	2	20
1951	26	12	2	0	12
1952	32	16	3	0	11
1953	37	10	7	0	19

In those matches, 75% of the games were played at home, and there were only 19 team totals in excess of 200 runs. In the current game, 200 is considered a par score for a 50 over innings and, when the ground is at its fastest, something nearer 230 can be difficult to defend. I suspect the grass was longer in those days, even though the boundaries may have been shorter, and bats have got better in recent years. But maybe there was more guile and cunning exercised by batsmen and bowlers in the early 1950's, compared with the big hitting that we often see today. Certainly the bowling records of Arthur Corbett and Ron Hampton indicate they made life very difficult for the opposition.

Whilst on the subject of long grass, the first cut of the outfield for the 2013 season should have been made by now. As I write this, with snow falling, the playing area is more like wetlands, with long grass (up to 12 inches in places) hiding puddles of surface water. There seems little prospect of getting the mowers out until well into March, by which time it may be necessary to revert to sheep – the mowers of choice between the wars!

In the hope that we will be able to get games started in April as planned, thoughts are turning to later in the season when a "Six's" competition is planned for the weekend of the August Bank Holiday. Clubs from all over Kent are to be invited to take part in teams of 6 (hence the name). As said earlier, it can be difficult to save runs on Rayner's Meadow with teams of 11 players, so teams of 6 covering the same area leads to great excitement (and tiredness!). The whole event will be held in support of children's diabetes charities, and we hope that other village organisations will avail themselves of the opportunity to take part with stalls and other activities at what is expected to be a major event in the calendar this year. More details next month!

David Lapthorn Life President

High Halstow Budget 2013/14

In last months High Halstow Times it was mentioned that the plan for 2013/14 was to see the amount of income collected through the precept to remain the same but there was some confusion with regard to the the way the number of houses were to be caculated following the changes in Council Tax Benefit. As a result we were unable to fully confirm the situation until these numbers were cleared. The Government have provided a grant for this year to soothe the changes so the Parish Council are pleased to announce a reduction in the precept of 1.20%

Please find below a summary of the budgets agreed for next year

High Halstow Budget 2013/14 Considered January 2013

	<u>2012/13</u>		<u>2013/14</u>		
Budget Heading	2012/13 Revised Budget	Plus Use of Reserves T	2012/13 otal Budget	<u>Initial</u> <u>Budget</u>	
Personnel Expenses	<u> Buuqet</u>				
Clerks Fees	5,160		5,160	5,212	
Clerks Expenses	600		600	600	
Street Cleaning Wages	13,895		13,895	14,172	
Handyman's Wages	500		500	500	
Employees Tax & NI	2,612		2,612	2,664	
Street Cleaners Expenses Handyman reimburseable expenses	200 150		200 150	200 150	
Training	150		150	150	
Payroll Clerk	200		200	200	
Sub Total	23,466	0	23,466	23,848	
Sub Total	23,400	U	23,400	23,040	
Administration Insurance	2,000		2 000	2,000	
Audit Fee	∠,000 550		2,000 550	∠,000 561	
Telephone	320		320	326	
Subscriptions	650		650	650	
Chairmans Allowance	400		400	400	
Hall Hire	200		200	200	
Clerks Administration Costs	600		600	600	
Other Admin Fees	300		300	300	
Publications	50		50	50	
Web Site	100		100	100	
Election	2,000		2,000	0	Note 1
Sub Total	7,170	0	7,170	5,187	
Rent					
Garage Rent	816		816	832	
Sub Total	816	0	816	832	
<u>Grants</u>					
Section 137	500		500	500	
Other Grants	500		500	500	
Sub Total	1,000	0	1,000	1,000	
High Halstow Times					
Printing	6,835		6,835	6,972	
Editor	100		100	100	
Sub Total	6,935	0	6,935	7,072	
Green Spaces					
Grass Cutting Contract	17,302		17,302	17,302	
Hedge maintenance	0		0	0	
Other non contract costs	1,000		1,000	0	
Tree Maintenance	0		0	0	
General Maintenance - Forge Common Green Spaces - Other	0		0	0 4,000	
Sub Total	18,302	0	18,302	21,302	
Playground					
ROSPA Inspection	122		122	130	
Playground Maintenance	500		500	500	Note 2
Playground Equipment	16,080		16,080	5,000	Note 2
Sub Total	16,702	0	16,702	5,630	

Highways/Footpaths					
Bus Shelters	3,000		3,000		Note 1
Bus Shelter Legal Costs	2,000		2,000		
Bus Shelter maintenance			0	1,000	
Speedwatch/Gating	2,000	3,000	5,000		Note 1
Sub Total	7,000	3,000	10,000	1,000	
<u>Trailer</u>	533,096		69A57	-9200360	
Trailer Maintenance	250		250	250	
Sub Total	250	0	250	250	
Village Projects	07/00/2005/04/5/04/5			78,750,270,240	
Village Hall	15,000		15,000	10,000	Note 1
Church	5,000		5,000	3,000	Note 1
Notice Board Maintenance	500		500	100	
Bromhey	0		0	0	
Project Day	250		250	250	
Cricket Fence	250		250	250	
Youth Projects	2,000	2,000	4,000	2,000	Note 2
Airport Contingency	3,500		3,500	0	Note 1
Diamond Jubilee	2,140		2,140	0	
Events 2013/14			0	1,000	
All Weather Path	3,000		3,000	2,000	Note 1
Dog Bins			0	500	
Sub Total	31,640	2,000	33,640	19,100	
Contingency					
Working Contingency	0		0	1,500	
Long Term Contingency	0	44,783	44,783	-7,819	
Sub Total	0	44,783	44,783	-6,319	
Total Expenditure	113,281	49,783	163,064	78,902	
Income					
Precept	-40,000		-40,000	-38,540	
Grant	40,000		40,000	-1,460	
Bank Interest	-550		-550	-550	
Rural Liaison	-2.036		-2,036	-2,036	
Rural Liaison - Hall	-5,000		-5,000	0	
High Halstow Times Advertising Income	-900		-900	-900	
Street Cleaning	-17,540		-17,540	-17,540	
Grass Cutting Contract	-17,776		-17,776	-17,776	
Allotments	-68		-68	-90	
Other	-350		-350	0	
Recreation Ground - EDF Wayleave	-10		-10	-10	
Sub Total	-84,230	0	-84,230	-78,902	
Surpluses Brought Forward					
Long Term Contingency	-32,608		-32,608		
Buffer Zone	-18,000		-18,000		
Bus Shelters	-15,000		-15,000		
Speed Watch	-3,000		-3,000		
Youth	-2,000		-2,000		
VAT Recovered	-8,226		-8,226		
Sub Total	-78,834	0	-78,834	0	
Total Income	-163,064	0	-163,064	-78,902	
Total	-49,783	49,783	-0	0	

Changes to Reserves

Note 1 Note 2 Unspent monies carried forward to specific project
Unspent monies carried forward to Youth Projects
All other unspent monies to be carried forward now to general reserves

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Summer Time

Don't forget to set your clocks forward by one hour on Sunday 31st March 2013, officially the start of British Summer Time. We may be losing an hour in bed but with extra daylight in the evenings and a long summer ahead, there's plenty to look forward to after the clocks go forward.

During British Summer Time (BST), civil time in the United Kingdom is advanced one hour forward of Greenwich Mean Time, so that evenings have more daylight and mornings have less.

The practice was first established by the Summer Time Act 1916, after a campaign by builder William Willett. His original proposal was to move the clocks forward by 80 minutes, in 20-minute weekly steps on Sunday in April and by the reverse procedure in September. The bill was popular following its introduction in 1916, although it now divides opinion.

BST begins at 1:00 AM GMT on the last Sunday of March and ends at 1:00 AM GMT on the last Sunday of October. In 2013 it will begin on 31 March and end on 27 October.







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Call Bob on 07881 471359

Sunday Services

8:00am High Halstow Holy Communion BCP

9:30am High Halstow 1st and 3rd Sundays All age worship 2nd and 5th Sundays morning prayer

4th Sunday Family Communion

6:30pm High Halstow

1st Sunday Holy Communion 2nd and 3rd Sundays Evening prayer BCP 4th Sunday Informal worship 5th Sunday Songs of Praise

Baptisms by arrangement 1st or 3rd Sunday of each month at 9:30am

For further information. Rev Stephen Gwilt 01634 250637 Or Email stephengwilt2@hotmail.co.uk

Caring for the needs of the community for over 1000 years

Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another - and all the more as you see the day of judgment approaching . Heb 10:25

Dates for Diary

Every Tuesday: King's Kitchen

10:00 Memorial Hall

Bell Ringers

19:30 St Margaret's Church

Every Thursday: Mother and Toddler's

09.00 Memorial Hall

Sugar Babes

19.00 Memorial Hall

Every Friday: Pilates with Joy

14:15 Memorial Hall

Every Saturday

Karmann Dancers Memorial Hall

09.00

Other Dates

Friday 1st

19:00

Saturday 2nd

09:30

Sunday 3rd:

Particle Youth Night

Memorial Hall

Village Market

Village Hall

Family Service

St. Margarot's Communications

St. Margarot's Communications

09:00 St. Margaret's Church Wednesday 6th: Women's Institute

19:30 Memorial Hall

Sunday 9th: High Halstow Hikers

10:00 Details in HHT
Tuesday 12th: Gardening Club
20:00 Memorial Hall
Wednesday 13th: Parish Council
20:00 Memorial Hall
Saturday 16th: Project 90

08:30 Village Hall Car Park

Sunday 17th: Family Service

09:00 St. Margaret's Church

Friday 22nd: Quiz Night 20:00 Memorial Hall

Local groups, please let us know the dates of your meetings/events for the coming year so we can include them in the HHT and on the website.



Body Wellness Tai Chi Classes



Qualified and experienced instructor

Tia Chi helps to alleviate the symptoms of; arthritis, osteoporosis, rheumatism and Parkinson's.

It also helps with blood sugar control and to reduce high blood pressure.

Decreases joint pain and stress. Assists with; strength, balance and a general sense of wellbeing.

Wednesdays 20.30-22.30am in the Small War Memorial Hall, High Halstow

For further information or to express an interest, please contact;

Mr B J Rance 01634 840 766 or 07876064777

Body Wellness Tai Chi is a well-established class that has been running since September 2012 with a dozen regular members so far. Members enjoy benefits such as improved breathing, flexibility and movement in friendly and familiar surroundings. It provides gentle but highly effective exercise for local residents in a convenient location. The instructor, Mr B.J. Rance, has been involved in martial arts and tai-chi for over 50 years. He has constructed a programme that suits the needs of his members and the club boasts a friendly and supportive atmosphere. It is a place to make friends with new people as well as see familiar faces. Mr Rance's class brings a specialist skill to our local population adding a new and interesting activity to the services already available in the village.

Kings Kitchen

A Coffee and Cake Café for the Whole Village.

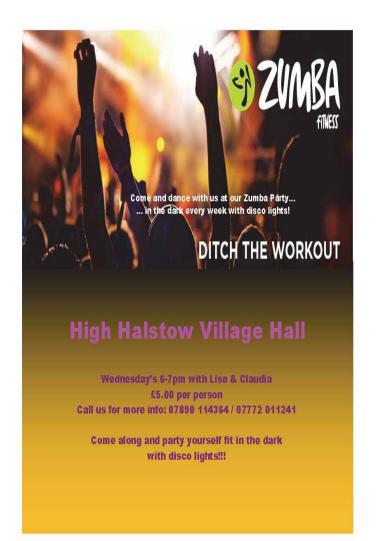
Open 10.00am - 1.00pm every Tuesday in the Memorial Hall.

Why not come in and enjoy a cuppa

The Village Shop

LONGER Opening Hours

Monday – Saturday 7am – 8pm Sunday 8am – 4pm New Telephone number: 01634 254561



HH Village Website

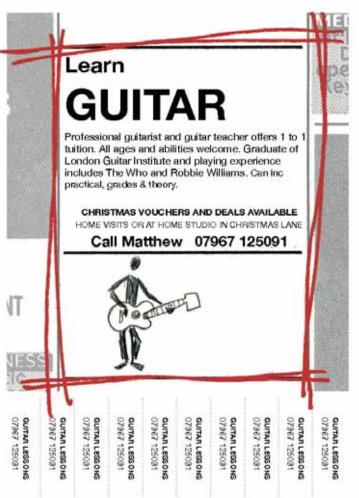
Please visit the Parish Council website for everything about our village. You can see the minutes of your Parish Council or look up local groups in the village, past copies of the High Halstow Times, and pictures of recent events. Please note that there is now an RSS feed on the Parish Website where you can get automatic updates when the site is updated. Please visit www.highhalstow.org.uk and follow the instructions on the right hand side.

Local Groups and the Website

You can advertise your activities free of charge on this site just let us have the details. If your details need updating with either dates or details of events please let us know by emailing gary@highhalstow.org.uk. This can be used to keep your members informed and possibly attract new members to your group.

Local Businesses

The Parish Council is pleased to announce that the Business Page is back on the website. Should you wish to advertise your business please visit http://highhalstow.org.uk/business-page where you can find all the details of how to put your business on the site.







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Do you want some training on using a computer?					
	☐ I Can offer help with One-To-One Training, Beginners to Advanced ☐ Set Up Skype Accounts				
☐ Set Up your Existing Emails Or create New Ones for you ☐ Set Up the internet on New PC's					
☐ Set Up New Pc's & Laptops (<i>Even if purchased from elsewhere!</i>) ☐ Learn eBay, Amazon Etc.					
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I am a skilled tradesman who lives in High Halstow and has learned many skills in my 29 year career. I am a clean and conscientious worker who respects other people's property. Some of my skills are listed below.

Electrics ~ Washing machines ~ Dish washers Roofing ~ Tiling ~ Carpentry ~ Facia and Sofits Flat pack furniture ~ Wood flooring ~ Gutters Curtain tracks/poles ~ Painting & Decorating ~ Drains Flat screen TV's ~ Plastering ~ Plumbing ~ Fencing Bathroom re-fits ~ Kitchen re-fits ~ Landscaping

Insurance work undertaken Please contact me if the work you require is not listed or for free friendly advice Quotes available via phone or email for small jobs Hourly rate basis is £35.00 first hour Then £20 per hour thereafter Daily rates available on request References available No job too small

Mobile: 07947706106 Home: 01634 252430

asrutherford@btinternet.com

ANTHONY RUTHERFORD

5 LEAMAN CLOSE, HIGH HALSTOW, ME3 8EZ



High Halstow Pre-school

Jonathan

Modular Building, Primary School, Harrison Drive, High Halstow, Rochester, Kent. ME3 8TF 01634 255088

Proprietor/Manager Mrs Anita Russell BA (Hons), EYPS

- 'Outstanding Provider' Ofsted
- 2009-10 Extensive Outdoor Facilities
- **Excellent Links with Primary School**
- Friendly, Qualified Staff
- Affordable Childcare

Open Weekdays, term time only 8.45 am - 3.30pm

Morning, lunch, afternoon and all day sessions available.

Children are funded for 5 free sessions the term following their third birthday.

Don't take Ofsted's word that we are an outstanding provider, come and see for yourself.

Ring 01634 255088

Note from the Editor

The High Halstow Times is a friendly point of contact and all views expressed are those of the individual. No letter will be published without the name and address of the writer being supplied to the editor, which will be published alongside the letter. If you have a matter for complaint, it should be brought to the attention of the Parish Council, which meets on the second Wednesday of every month, at 8pm in the Memorial Hall. Members of the public are always welcome.

Disclaimer Please note High Halstow Parish Council: 1. makes no endorsement of any of the businesses listed in the High Halstow Times 2. is not responsible for the content of external websites. 3. the information is offered 'as is' with the wish to be helpful.

Advertising rates are £15 per quarter page per edition; £30 per half page per edition. Items should be sent to editor@highhalstow.org.uk



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Let's Hear from You

Do you have a story about the history of the Village, did you go to or know anything about the old school, can you tell us a story about a picture in the Memorial Hall.? etc

In terms of recent history, were you at a recent event in the village, did you enjoy the recent film shows? Let us know your tales so we can publish in the HHT and or the website. It would be great to hear from you!!

T'A9 CH9 FOR HEALTH TUESDAY MORNING'S

T'ai chi training involves five elements, <u>taolu</u> (solo hand and weapons routines/forms), <u>neigong</u> & <u>qigong</u> (breathing, movement and awareness exercises and meditation), <u>tuishou</u> (response drills) and <u>sanshou</u> (self defence techniques). It is purported that focusing the mind solely on the movements of the form helps to bring about a state of mental calm and clarity. As well as general health benefits and stress management.

I am a qualified and fully insured female teacher and will be starting Tai Chi lessons in February. If you have Arthritis, Osteoporosis, Diabetes or do you suffer from lack of energy or stress? I may be able to help you!

Tuesdays @ 11:00am
High Halstow Village Hall
Please contact Chrissie for details and
a FREE introductory lesson.
07734 258095 / seajay9999@aol.com



A new Zumba class is starting in High Halstow, details enclosed...

Your Parish Councillors

George Crozer, Chair 01634 250286 e.mail: george@highhalstow.org.uk Gary Thomas, Vice Chair 01634 252812 e.mail: gary@highhalstow.org.uk

Martin Andrews 07984 791029
Ray Collins 01634 250105
Stuart Bailey 01634 255537
Josh Gordon 07753 212179
Gary Jerreat 01634 253999
Lesley Munday 01634 250276
Christine Watson 01634 256529

Your councillors may also be contacted through the Parish Clerk:

Mrs Roxana Brammer 01474 871269

Readers Letters

Dear HHT,

It is with great regret to announce the death of our daughter Emma Louise. She passed away on New Years Eve peacefully. Emma was 5 years 4 months old and had a rare genetic disorder which was 'Life Limiting'. However Emma lived a full life considering her condition and was a happy child that wanted nothing more than to be cuddled and loved. She achieved so much in her short life. Meeting the prime minister at number 10 and receiving her Academic Achievement Award from Dr Rowan Williams then Arch Bishop of Canterbury for all her hard work at her Special needs School. We went on trips together including Euro Disney with Demelza House to see her favourite Mini & Mickey Mouse. Not bad for a child who we was told was 'Incompatible with life'. Emma was and still is an inspiration to all that knew her. She was also a source of hope for families who have babies with Emma's condition. Emma changed our lives and touched so many hearts in her life. We will miss her so much especially her brother Daniel (9) who was the best brother she could ever wish for. We know that Emma will always be looking over us and there will be a part of her in everything we do. Thank God for giving us this child. We would like to thank Rev Stephen Gwilt for his support and beautiful service at Demelza House chapel and at Bobbing Crematorium. Demelza House cannot be thanked enough for all the care, support and understanding they have given to all our family over the years. If anybody wishes to help Demelza and/or our Church donations will be gratefully received. And finally we want to thank those people in the Village that have asked us if we are OK. God bless you all.

Mr & Mrs Paul Channing Christmas Lane

VILLAGE MARKET
SATURDAY 2ND MARCH
9:30 - 11:30AM
RECREATION HALL

PROJECT 90

90 minutes spent improving the village

The next Project 90 will be Saturday 16th March 8:30am - 10:00am

Village Hall Car Park

Dear HHT,

Is there a family in the village who can help? Susan has lived in High Halstow with John and I for over a year. She has a learning disability. She is now 19.

Although she can be shy when she first meets people Susan is very sociable and fun loving. She would be delighted if another young women could help her meet other young people and enjoy activities, perhaps once a month in return for an agreed payment. John and I are also hoping for a week's holiday during the summer and a further break later in the year. Again a respite payment fee would be agreed. Is there a family in the village preferably with an older teenager/ young women who could help?

Please call 01634 250509 if you might be a suitable and interested family or if you are a family in a similar position.

Marilyn and John

Booking The Hall

The Hall Committee is looking to increase the usage of the Hall in particular during the daytime. If you are interested in hiring the hall please contact Crystal on 251849.

Name and Address Supplied

Please note that all letters published will show the name and part address of the author.

Next edition April 2013; Contributions for April should be sent by 22nd March to: Carl Mitchell, 8 Marsh Crescent, High Halstow ME3 8TJ or e.mail to editor@highhalstow.org.uk